



## **REGULATION FOR CARRYING OUT**

### **INTERNATIONAL TAEKWON-DO TOURNAMENT “OPEN MOLDOVA CUP”, 2012**

The Tournament is open for Kids (8-9, 10-11 years old), Cadets (12-13 years old), Juniors (14-17 years old), Seniors (18-36 years old) and Seniors Gold (36 years and above) and will be held in Chisinau, Republic of Moldova on April 28-29, 2012.

The competition includes Individual Patterns, Individual Sparring, Team Patterns and Team Sparring and it is open to Colored and Black Belts, Male and Female.

#### **COMPETITION**

INTERNATIONAL TAEKWON-DO TOURNAMENT “OPEN MOLDOVA CUP”, 2012

#### **DATE OF CARRYING OUT**

April 28-29, 2012

#### **PLACE OF CARRYING OUT**

The Tournament will be held in Chisinau, Republic of Moldova, in Sports Centre “ALEXIA” (14, Gagarin street)

#### **RIGHT OF PARTICIPATION**

All clubs, developing Taekwon-Do.

#### **PARTICIPANTS**

Competitors should be the age of 8 years and minimum qualification of 8 kup (yellow belt) and above.

#### **AGE GROUPS**

- Kids (girls/boys) - 8-9 years old;
- Kids (girls/boys) - 10-11 years old;
- Kids (girls/boys) - 12-13 years old;
- Juniors (girls/boys) - 14-17 years old;
- Seniors (male/female) - 18- 36 years old;
- Seniors Gold - 36 years old and above.

## **COMPETITION SCHEME**

The tournament is carried out according to the system of direct elimination.

### **Patterns**

Competitors will compete one to one. Both competitors will perform one designated pattern. In the final the competitors will perform one optional and one designated pattern.

#### **Individual categories**

- Kids (girls/boys), 8–9 years old (8-6 kup; 5-1 kup)
- Kids (girls/boys), 10–11 years old (8-6 kup; 5-1 kup)
- Cadets (girls/boys) , 12–13 years old (8-6 kup; 5-1 kup, I degree)
- Juniors (girls/boys), 14–17 years old (8-6 kup; 5-1 kup; I-III degree)
- Seniors (male/female), 18-36 years old (8-6 kup; 5-1 kup; I degree; II-III degree)
- Seniors Gold (male/female), 36 years old and above (8-1 kup, I-III degree)

#### **Team categories**

In Team Pattern will compete **Juniros** and **Seniors**, male and female.

The teams will compete one to one. The team will perform the optional and designated pattern and will then require a second team. The optional and designated Pattern being any from CHON-II to GE-BAEK. The Umpires will decide which is best between the two teams and it will go next round.

**The team consists of 3 athletes.**

Is allowed only one team from the Club - Juniors (male and female), Seniors (male and female).

## **SPARRING**

### **Individual categories**

- **Kids (girls/boys), 8–9 years old**  
- 25 kg, - 28 kg, - 32 kg, - 36 kg
- **Kids (girls/boys), 10–11 years old**  
- 30 kg, - 34 kg, - 38 kg, - 42 kg, +42 kg
- **Cadets (girls/boys), 12–13 years old**  
- 35 kg, - 40 kg, - 45 kg, - 50 kg, - 55 kg, +55 kg
- **Juniors (female/male), 14–15 years old**  
-40 kg, -45 kg, -50kg, -55kg, -60kg, +60kg
- **Juniors , 16–17 years old**  
Female - - 42 kg, - 48 kg, - 53 kg, - 60 kg, +60 kg  
Male- - 52 kg, - 58 kg, - 63 kg, - 70 kg, +70 kg
- **Seniors , 18-36 years old**  
Female - - 52 kg, - 58 kg, - 63 kg, - 70 kg, + 70 kg  
Male - - 54 kg, - 63 kg, - 71 kg, - 80 kg, + 80 kg
- **Seniors Gold (male/female) – open category**

## **Team Sparring**

In Team Sparring will compete **Juniros** and **Seniors**, male and female. In this section, competitors can have any weight and grade.

**The female team consists of 3 female athletes.**

**The male team consists of 5 male athletes.**

### **The duration of the matches is:**

Kids – 1 round of 2 minutes;

Cadets, Juniors and Seniors – 2 rounds of 1,5 minutes;

Team Sparring – 1 round of 2 minutes.

By a parity the competitors play a one-minute extra-time. By a second parity the competitors play to get a point (sudden death).

## **POINT AWARDS**

### **One (1) point will be awarded for:**

Hand attack directed to mid or high section.

Hand attack while in air (both feet must be off the ground) directed to mid or high section.

### **Two (2) points will be awarded for:**

Foot attack directed to mid section.

Jumping or flying kick directed to mid section.

### **Three (3) points will be awarded for:**

Foot attack directed to high section.

Jumping or flying kick directed to high section.

## **SAFETTY EQUIPMENT AND PRTECTIVE WEAR:**

### **Competitors MUST wear:**

- Hand and feet safety equipment of an approved type.
- Groin guards must be worn inside the dobok trousers.
- Head guard (Kids, Cadets and Juniors);
- Mouth guards (Juniors and Seniors)

### **Competitors may, optionally, wear the following:**

- Shin protectors.
- Breast protectors (must be worn INSIDE the dobok jacket) (female only).

## **CLOTHING:**

**Athletes** - white Do-Bok and a belt, according to the technical class.

**The Umpires** – Umpire must wear official umpire dress. **Coaches** – a sweat track suit.

**UMPIRES:** Each team/country has to provide at least one umpire, otherwise it will pay a fine of 50 EURO.

### **INJURY LIABILITY AND INSURANCE – COMPETITORS**

All competitors must be in possession of Insurance coverage as the host is not responsible for any eventuality and/or injury

*All the competitors have to present to the commission at the scales the following documents:*

- Covered technical class certificate;
- A document for medical examination, carried out not earlier than 2 weeks before the tournament;
- Insurance;
- Identity document.

### **CLASSIFICATION AND AWARDS:**

- Athletes, that have taken place 1, 2 and 3 in all contested trials, will be awarded with diploma and medals degree respectively;
- Teams, that have taken place 1, 2 and 3 in the overall standings will be awarded with cups and diplomas degree respectively;
- Cups for first place in competitions in teams;
- Cups „for the best technique”, „best fighter” and „the will to win " (according to the Organizing Committee decision);
- Certificates of participation for all athletes participating in the competition;

**FINANCIAL MATTERS:** All the expenses for participation are at the respective clubs expense. The Organizers will provide accommodation for an Umpire to each team.

**Tournament participation fee: 15 EUR.**

### **ACCOMMODATION**

Participants and guests of the Seminar and Tournament will be staying in the hotel «Cosmos\*\*\*» which is located: Chisinau, Negruzzi 2 street.

The hotel has provided special rates for guests participants in the Tournament.

**DOUBLE ROOM - 36 EURO PER ROOM/ PER NIGHT**

The price includes breakfast.

# ***PROGRAM***

## **INTERNATIONAL TAEKWON-DO TOURNAMENT “OPEN MOLDOVA CUP”, 2012**

### **April 27, 2012**

Arrival and accommodation in Hotel “COSMOS”;

**15.00 – 19.00** Registration and Weighing – Sports Center „ALEXIA” (7 minutes walk from the Hotel „COSMOS”)

### **April 28, 2012**

**8.30 –** Arrival in the Sports Center “ALEXIA”;

**9.00 –** Start Tournament;

**10.30 – 11.00** Official opening ceremony;

**11.00 – 13.00** Continuing Tournament;

**13.00 – 14.00** Lunch;

**14.00 – 18.00** Continuing Tournament;

**18.00 – 19.00** Awarding ceremony.

### **April 29, 2012**

**8.30 –** Arrival in the Sports Center “ALEXIA”;

**9.00 –** Start Tournament;

**13.00 – 14.00** Lunch;

**14.00 – 18.00** Continuing Tournament;

**18.00 – 19.00** Awarding and Tournament Closing Ceremony.

### **April 30, 2012**

Departure

***SEE YOU IN MOLDOVA!***

**Application forms must be sending before or on the deadline  
of 15 April, 2012**

**to E-mail:**

**[open.moldova2012@gmail.com](mailto:open.moldova2012@gmail.com)**