

Open World Championships

Tournament Rules

Rules

GENERAL RULES

Section I

SECTION 1 - GENERAL

Article 1. PURPOSE

The purpose of these rules is to elevate the quality of Taekwon-Do by scoring every aspect and to provide an equal opportunity for all participants to show the ultimate of their abilities in friendly competition with one another.

Article 2. APPLICATION

These are to be applied at every International and National Taekwon-Do competition for degree holders. They apply to male and female except where stated otherwise.

Article 3. OFFICIALS

The Juries, Referees and Judges, will be selected from the roles of certified Umpires.

OFFICIAL AUTHORITIES

Every participating country MUST supply 2 umpires unless there are "exceptional circumstances," which are to be agreed with Tournament Committee prior to the event.

Article 4. DUTIES

The T.C. will be in charge of organizing and running all official I.T.F. Union Tournaments. The members of this Committee must be present in the area during all events.

A. Jury will normally consist of a senior Umpire who will be seated in place of honour, in Front.

B. Referee will be in the square to control the match.

C. Judges for patterns will be seated in a line facing the competition. Judges for sparring will be seated at the four corners of the square. They will give points in accordance with their judgement.

D. Timekeepers will be seated at ringside to check and indicate the beginning, end and continuation of each match.

E. Recorder will be seated at ringside to keep match records.

Article 5. OFFICIAL COACHES

Official coaches or technical directors; they will represent the individual competitors and teams. They must register with their national organization, they must register their competitors, submit their documents, present the official protest, they are responsible for the competitor's presence in the registration, weight in, competition, award's ceremony, open and closing ceremony. If the competitor is not present **and prepared in time, they** will be penalized. For individual or team sparring there will be only 1 coach close to the square, but he/she must not interfere in the competition by action or words. During the tournament, coaches must wear a training suit, gymnastic shoes and carrying a towel, during sparring they will be seated at least 1 meter away from the square. He/she must not speak to referees. He/she is the only one allowed to present an official protest. Failure to the above mentioned rules will render the coach liable to be disqualified from his advisory position.

Article 6. COACH / FUNCTION

G) The number of coaches for country is unlimited. They must register with their national organization. The coaching fee will be the same as the competitor entry fee.

Article 7. COMPETITORS

Competitors will compete in the divisions laid down the following rules. Competitors must be 1st / 2nd / 3rd / 4th / 5th, and 6th Degree and be the appropriate age on the date of weigh in (e.g. age 17 for juniors on the date of the weigh in). Competitors must be healthy and register with their national association. The competitors in the world championship must produce their passport.

Article 8. DRESS

A. Officials will wear the dress requirements as laid down in the Umpires rules.

B. Competitors, while competing must wear the "official approved" TKD dobok with only badges also officially approved by the TC. The black belt must be of the official dimensions and must indicate the competitor's degree. A number will be given to all competitors and this must be worn on the lower back part of the dobok at all times.

Female competitors may wear a white T-shirt under the dobok jacket.

C. Competitors are allowed, when not performing, to wear normal sportswear such as

track suits, dressing gowns, training shoes, etc. however it is at the discretion of the Tournament Adjudication Committee. For opening and closing ceremonies countries may wear the official dobok or the official country training suit, but all team members should be dressed the same. No participant in the parade is permitted to carry cameras, flags, banners, etc...other than authorised, on the field during the opening and closing ceremonies. Any participant committing a breach of the above regulations, will liable to sanctions.

D. Drinking of alcoholic beverages or smoking while wearing the dobok is prohibited.

Article 9. SAFETY EQUIPMENT AND PROTECTIVE WEAR

All the safety equipment must be approved by the T.C. Competitors must have in possession of 2 pairs of safety equipments: one red and one blue. Hand pads must have the fingers and thumb covered and the palm open (material to be, for example, PU or leather).

- A) Obligatory protection
 1. Hand and Feet
 2. Groin guard (must be inside of Dobok trousers)
 3. Mouth guards
 4. Headguard
- B) Optional safety equipment
 4. Shin Protector
 5. Forearm protector
 6. Female Breast protector (must be inside of the Dobok)

Article 10. MEDICAL ATTENTION

All tournaments must have qualified First Aid personnel in attendance.

Their recommendations, with regard to competitors' further participation, following injury, must be adhered to.

Article 11. INJURY LIABILITY AND INSURANCE - COMPETITORS

All competitors must sign a tournament entry form and have full Insurance coverage for all eventualities.

Article 12. INSURANCE - FOR EVENT

All hosts must ensure that the event booked has all the necessary public liability

insurance which are all required to host such events.

Article 13. SQUARE

A. Square size will be 7x7 meters for sparring with an extra surface of **one meter** on all sides. When the square is elevated the extra surface must be at least 2 meters greater than the size of the square.



Article 14. COMPETITORS NUMBER PER COUNTRY

A) Individual

The number of individual competitors who may enter each item is unlimited from each country unless it will be indicated in another way. These competitors may be a team member or not, as chosen by the national trainer for that country.

B) Team

Male Team Sparring will consist of 5 competitors and 1 in reserve. 5 must compete in Patterns, 5 in Power Technique and 5 in Special Technique; all Team can consist of different competitors, up to a maximum 21 (6+5+5+5). The coach will specify his team prior to the division commencing. The under 14s and over 35s (age 36 and above) team will consist of 3 competitors (1 in reserve for sparring).

Female Team Sparring will consist of 5 competitors and 1 in reserve. 5 must compete in Patterns, 5 in Power Technique and 5 in Special Technique; all Team can consist of different competitors, up to a maximum 17 (6+5+3+3). The coach will specify his team prior to the division commencing. The under 14s and over 35s team will consist of 3 competitors (1 in reserve for sparring).

Article 15. RESULT RECORDING

All tournaments will have several forms of visual display of results for the benefit of participants and audience. Results should generally be shown as often as possible so as to enable the competitors to follow the Course of the event whilst it is in progress.

Article 16. DELEGATES

A delegate of the individual or team may be any person authorised by the National Governing Body. A delegate registers the competitors, submits the documents, lodges complaints and co-operates with the other officials at the competition.

Article 17. DIVISION OF COMPETITION

Only Gold medals will count towards the Overall Team Winner. Only points gained in Team events will count for Overall Team Winner. However, in the event of two or more teams having the same number of Gold medals then the Silver and the Bronze medals will count in determining the Overall Team Winner. In the event that this also results in a tie then the Teams will be awarded with the same trophies. N.B.: Medals which count toward the OVERALL TEAM CHAMPION cannot be won without at least 4 teams for the event.

NATION CLASSIFICATION

In order to have the Nations Classification all points from Individual and Team events (male and female) will count except for Individual and Team Overall Winner. In the case of the Team it will be counted as a single Gold and not multiplied by 6, for example the winning Team for Pattern will have only one Gold added to the overall total and not 6 gold. The first classified Nation will be awarded with one trophy.

Article 18. OFFICIAL TERMINOLOGY

- A. CHA RYOT - attention
- B. KYONG - bow
- C. JUN BI - ready
- D. SHIJAK - begin
- E. HAECHYO - separate
- F. GAESOK - continue
- G. GOMAN - end
- H. JU UI - warning
- I. GAM JUM - deducting points
- J. SIL KYUK - disqualification
- K. HONG - red
- L. CHONG - blue
- M. JUNG JI - time stop

Article 19. WEIGHT CHECK

Checking the weight of competitors will not be earlier than 24 hours and not later than one hour before competition.

Article 20. DRAW FOR ORDER OF COMPETING

None of the competitors or teams can win 2 rounds one after another without competing unless it is due to the withdrawal of their opponent due to previous injury. Bye will be decided at the draw. After the drawing of the competitors or team numbers is completed, then registration will be closed.

Article 21. ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitor/team to be close to the square so that they may compete without delay when called upon to do so. The individual/team number and country will be called and they must go to the side of the square complete with any equipment (such as safety equipment) which they require. Should they not come forward immediately then the number, name and country will be called for a second time. Should the individual/team still not come forward to the square then they will be disqualified.

Article 22. EQUIPMENT CHECK

The Referee/official will check to ensure that doboks, equipment, etc. are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed and the competitor/team has a maximum of 3 minutes in which to do so following which he/they will be disqualified and the match points awarded to the opponent where appropriate.

Article 23. COURTESY

Competitors must at all times bow to the Jury and also to each other at the beginning and end of each performance/match.

Article 24. DIVISIONS / PATTERNS

A, The competitors will be from 1° to 6° Degree.

Article 25. PATTERN - INDIVIDUAL

The pyramid system of elimination will be used.

Competitors will compete 1 to 1 and will perform simultaneously 1 designated Pattern and 1 optional Pattern (within their degree, see Article 27). The Judges will choose the better

one to go forward to the next round.

Article 26.

A) Individual:

1st degree will compete with 1st degree with the designated pattern from Chon-Ji to Ge-Baek and one optional between Kwang-Gae to Ge-Baek.

2nd degree will compete with 2nd degree with the designated patterns from Chon-Ji to Ko-Dang and one optional between Eui-Am to Juche.

3rd degree will compete with 3rd degree with the designated patterns from Chon-Ji to Choi-Yong and optional between San-Il to Choi-Yong.

4th degree will compete with 4th degree with the designated patterns from Chon-Ji to Moon-moo and one optional between Yong-Gae to Moon-Moo.

5th degree will compete with 5th degree with the designated patterns from Chon-Ji to Se-Jong and one optional between So-San to Se-Jong.

6th degree will compete with 6th degree with the designated patterns from Chon-Ji to Tong-il and the optional from So-San to Tong-il.

Note: The tournament Committee reserves the right to amalgamate the 5th and 6th Degree's sections.

B) Team:

Each Team (five competitors or three in under 14s and over 35s) must perform together one optional and one designated Pattern. The Tul must be from Chon-Ji to Ge-Baek. They may line up in any format they choose and may perform one choreography with three breaks; one team member may not perform **more than two** moves on his own without the other team members following, **and** must be seen to be teamwork, the choreography can include individual movement or **in unison**. Under 14s will have 3 members.

In individual matches the following decisions will apply

i.) When 3 or more judges give a decision in favour of one competitor then that competitor is the winner.

ii.) When 3 judges give a draw and 2 judges give a decision in favour of one competitor then that competitor is the winner.

iii.) When 2 judges give a decision in favour of one competitor and 1 judge gives for the other and 2 judges give a draw, then the competitor with 2 judges in favour is the winner.

iv.) When 2 judges give a decision in favour of one competitor and the other 2 judges give a decision in favour for the other, and 1 judge gives a draw, then another designated

Pattern must be performed, until the winner is decided.

Article 27. ELIMINATION – YOUNG JUNIOR, JUNIOR AND SENIOR - TEAM

The pyramid system of elimination will be used.

Designated patterns draw will take place whilst both teams are on the mat. A coin will be tossed to decide which team goes first. The first team will perform 2 patterns and the second team will do likewise. The judges will choose the better one to go forward to the next round.

Article 28. PERFORMANCE AND DECISIONS - TEAM

Each Team must perform together 1 designated and 1 optional Pattern.

The designated Pattern and optional Pattern being any from CHON-JI to GE-BAEK. They may line up in any format they choose and team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork., for example: one member may not perform moves of the Pattern on his own without the others following in unison.

In team matches the following decisions will apply

- i.) When 3 or more judges give a decision in favour of one team then that team is the winner.
- ii.) When 3 judges give a draw and 2 judges give a decision in favour of one team then that team is the winner.
- iii.) When 2 judges give a decision in favour of one team and 1 judge gives for the other and 2 judges give a draw, then the team with 2 judges in favour is the winner.
- iv.) When 2 judges give a decision in favour of 1 team and the other 2 judges give a

decision in favour for the other, and 1 judge gives a draw, then another designated Pattern must be performed, until the winner is decided.

Article 29. OFFICIALS FOR PATTERN DIVISION

1 Jury President, 2 Jury Members, 5 Referees, 1 Recorder, one of the Referees will give the commands.

Section III

SPARRING

Article 30. AGE CATEGORIES

The age categories will be:

- A) Age 14 and under
- B) Age 15 to 17
- C) Age 18 to 35
- D) Age 36 and over

Article 31. DIVISION / SPARRING

- A) Competitors must be from 1st to 6th Degree
- B) Male and Female Groups
- C) Weights

Article 32. DURATION OF BOUTS

Each individual bout will be 2 rounds of 2 minutes duration with a one minute break between rounds. Finals will be 2 rounds of 2 minutes duration with a one minute break between rounds.

Each team bout will be 1 round of 2 minutes.

In individual matches the following decisions will apply:

- i.) When 3 or 4 corner referees give a decision in favour of one competitor then that competitor is the winner.

ii.) When 3 or 4 corner referees say that it is a draw then a further one minute round will take place. If this results in a further draw then the first scored point will decide who is the winner.

iii.) When 2 corner referees give a decision in favour of one competitor (2 for one competitor + 1 for the other + 1 given it as a draw or 2 for one competitor + 2 giving it as a draw) then that competitor is the winner.

iv.) When 2 corner referees give a decision in favour of one competitor and the other 2 corner referees give a decision in favour of the other competitor then a one minute extension will follow. If at this time it results in a further draw then the first scored point will decide who is the winner.

v.) When 3 corner referees give a decision in favour of one competitor in case of the first scored point bout then that competitor is the winner.

In team matches the following decisions will apply

i.) When 3 or 4 corner referees give a decision in favour of one competitor then that competitor is the winner and 2 points will be added to the team score.

ii.) When 3 or 4 corner referees decide that it is a draw then 1 point will be added to each team score.

iii.) When 2 corner referees give a decision in favour of one competitor (2 for one competitor + 1 for the other + 1 given it as a draw or 2 giving it as a draw) then that competitor who got the decision of the 2 corner referees is the winner and 2 points will be added to the team score.

iv.) When 2 corner referees give a decision in favour of one competitor and the other 2 corner referees give a decision in favour of the other competitor then the result will be a draw and 1 point will be added to each team score.

v.) When all 5 bouts are finished and the result is a draw then each coach will select one

competitor to spar an extra bout. The team whose competitor wins this bout will be the winner. If at this time it results in a further draw then the first scored point will decide who is the winner.

vi.) When 3 corner referees give a decision in favour of one competitor in case of the first scored point bout then that competitor is the winner.

Article 33. TARGET AREA

A. Head and neck area at the front and sides but not at the back.

B. Trunk of the body from neck to navel vertically and from a line drawn from the armpit vertically down to the waist on each side (that is frontal area only excluding the back).

Article 34. POINT AWARDS

A. One (1) point will be awarded for: Hand attack directed to mid or high section, hand attack while in air (both feet must be off the ground) directed to mid section, foot attack directed to mid section.

B. Two (2) points will be awarded for: Foot attack directed to high section, hand attack while in air (both feet must be off the ground) directed to high section, jumping or flying kick directed to mid section.

C. Three (3) points will be awarded for: Jumping or flying kick directed to high section.

Article 35. SCORING PROCEDURE

In competition a technique is valid when:

A. it is executed correctly,

B. it is dynamic, that is to say it is delivered with strength, purpose, rapidity and precision,

C. it is controlled on the target,

i.) defender must maintain complete balance,

ii.) an appropriate blocking tool must be used,

iii.) defence must be maintained at a proper distance,

iv.) opponents balance must be broken.

Article 36. DISQUALIFICATION

A. Misconduct against officials or ignoring instructions.

B. Heavy contact.

C. Committing 3 fouls.

D. Hitting a fallen opponent

E. Any competitor suspected of being under influence of alcoholic beverages or drugs.

Article 37. FOULS

One point will be deducted for the following offences:

A. Loss of temper,

B. insulting an opponent in any way,

C. biting/scratching/clawing,

D. attacking with the knee, elbow or forehead,

E. attacking a fallen opponent,

F. contact.

NB. The sum of 3 warnings automatically means deducting 1 point.

Article 38. WARNINGS

Warnings will be assigned for the following offences:

A. Attack to an illegal target,

B. stepping completely out of the ring (both feet),

C. falling down, whether intentional or not (this means any part of the body, other than the feet, touching the ground),

D. holding/grabbing/pushing,

E. sweeping,

F. faking a blow, pretending to be injured to gain an advantage,

G. intentionally avoiding sparring,

H. pretending to have scored a point by raising the arm.

N.B.: If an athlete is pushed out of the ring with intent (without undergoing a technique) then he will not receive a warning.

Article 39. INJURY

A. When a competitor is injured, the Centre Referee must stop the match and call the Doctor/First Aid. The Doctor must diagnose, treat the wounds and decide about the match continuation.

B. When a contender cannot fight on because of Doctor's decision:

- i.) he is the winner if his opponent is responsible;
- ii.) he is the loser if his opponent is not responsible.

C. An injured competitor that is unfit to fight, according to the Doctor's decision, cannot fight again during the event.

D. A competitor that refuses to accept the Doctor's decision will be disqualified.

E. If two competitors injure themselves at the same time and both are unfit to fight, according to the Doctor's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Jury President will decide about the bout.

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Article 40. BOUT PROCEDURE - INDIVIDUAL AND TEAM INDIVIDUAL

The bout will commence with the competitors on the start positions each with a red or blue marker to differentiate between them. At the command of the Centre Referee the competitors bow in turn to the Jury table and then to each other. The Centre Referee will then start the Sparring with the command "SHI-JAK" and the competitors continue to spar until the Referee issues the command "HAECHYO". At this point the competitors cease to spar and remain where they are until restarted. On completion of time the timekeeper will signal audibly to warn the Centre Referee, but the bout only ends on the final comment

"GOMAN" by the Centre Referee. The reverse for bowing will ensure and the result will be declared. In a draw situation warnings and/or minus points are not carried forward. If a competitor leaves the square they must re-start 1 metre inside the square.

TEAM

Bout procedure will be as individual. A coin will be tossed. The winner of the toss decides which team send its first competitor into the ring . The teams must then alternate.

Article 41. TIMING

On the first "SHI-JAK" (Start) command from the Centre Referee the timekeeper starts the clock and this continues until full time unless the Centre Referee calls for a "time out" by saying "Goman". At this time the timekeeper stops the clock until the next "Gae-sok" (Continue) command is given.

Article 42. OFFICIALS FOR SPARRING COMPETITION

1 Jury President, 1 Centre Referee, 4 Corner Referees, 1 Timekeeper and
1 Recorder.

Section IV

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POWER BREAKING

Article 43. DIVISIONS

Male and Female Groups.

It is compulsory for each competitor to attempt each item listed, for his/her group.

JUNIOR (age 15 to 17) AND SENIOR

MALE

- A. Ap-joomuk jirugi
- B. Sonkal Taerigi
- C. Yopcha Jirugi

D. Dollyo Chagi

E. Bandae Dollyo Chagi

FEMALE

B. Sonkal Taerigi

C. Yopcha Jirugi

D. Dollyo Chagi

Article 44. PROCEDURE - INDIVIDUAL AND TEAM
INDIVIDUAL - ONE COMPETITOR ONE EVENT.

A) The T.C can decide a technique and the quantity of the pieces of wood for the initial classification (i.e. qualifying round) for the individual competitor but there will be no qualifying round in the team breaking. It is possible to also use power shields that measure the force of impact if such materials are available.

C) It is permitted to break using step or slide. It is not permitted to jump. This means 1 foot must **keep** contact with the floor at all **times**. For Sonkal Taerigi the strike can be executed in two ways, inward or outwards.

D) Protocol

2. Execution: for each item the competitors will have only one attempt to break. At the command from the Umpire the competitor will adopt a ready position and will try to break in one continuous movement, it is necessary to finish with ready position again. There will be no measure up.

A. For each item the Tournament Adjudication Committee will set a standard.

B. A wooden board (30x30x1.5 thick), or the plastic equivalent, or a machine designed for the specific test will be used.

E. Referees may disallow an attempt for failure to maintain the following:

i.) Correct balance and posture throughout technique.

ii.) Correct attacking tool in the correct manner.

F. Referees must examine each board before each attempt.

G. Each broken/separated board will count as 3 points and each cracked/bent board will count as 2 points.

H. The winners will be the competitors with the highest scores after having attempted all items listed for their group.

I. In the event of a tie the Jury President will select by drawing one item to be the "Tie-breaker". He will decide how many boards are to be used. The tied competitors will then carry on until the places are decided.

JUNIOR AND OR SENIOR - TEAM

Male five (5) competitors.

Female three (3) competitors will perform items as indicated.

Article 45. OFFICIALS FOR POWER BREAKING

1 Jury President, 2 Referees and 1 Recorder will supervise each attempt.

TOURNAMENT

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SECTION V - SPECIAL TECHNIQUE

Article 46. MALE AND FEMALE GROUPS

It is compulsory for each competitor to attempt each item listed for his/her group.

JUNIOR AND SENIOR

MALE

A. Twimyo Nopi Ap Cha Busigi

B. Twimyo Nomo Yop Cha

Jirugi

C. Twio Dolmyo Yop Cha Jirugi

D. Twimyo Dollyo Chagi

E. Twimyo Banae Dollyo

Chagi

FEMALE

A. Twimyo Nopi Ap Cha Busigi

B. Twimyo Nomo Yop Cha Jirugi

D. Twimyo Dollyo Chagi



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Article 47. PROCEDURE - INDIVIDUAL AND TEAM

INDIVIDUAL

A. **A)** In each event a standard of 1 board will be used. The board thickness, height and distance will be set by the T.C. prior to the event. The T.C. can decide a technique for the initial classification (i.e. Qualifying round) for individual competitors but there will be no qualifying round in the team special technique breaking and team power.

B. For each technique, **there will be no measure up**. The competitor must adopt a ready posture **prior** to performing; this must be executed in one single movement, it is not necessary to finish with ready position again. After Umpire signal, the competitor has 30 second to complete the technique. The competitor must perform guarding block after the break.

C. Referees may disallow a break for failure to maintain the following:

- i.) Correct balance and posture throughout technique.
- ii.) Correct attacking tool in the correct manner.
- iii.) Knocking over any or all of the hurdles.

D. Referees must examine each board before each attempt. Once a wooden board is used, it cannot be used again, even if it is not broken or cracked.

E. Each broken/separated board will count as 3 points and each cracked/bent board will count as 2 points.

F. The winners will be the competitors with the highest scores after having attempted all items listed for their group.

G. In the event of a tie the Jury President will select by drawing one item to be the "tie-breaker". He will decide how high/long the jump will be. The tied competitors will then carry on until the places are decided.

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JUNIOR AND OR SENIOR - TEAM

Teams (Male 5 competitors + 1 reserve; Female 3 competitors + 1 reserve) will perform items as indicated in Article 46.

Article 48. OFFICIALS FOR SPECIAL TECHNIQUES

1 Jury President, 2 Referees and 1 Recorder will supervise each attempt.

Section VI

UMPIRE RULE

PATTERN INDIVIDUAL SCORING FORM

Technical content: 5 points

Power: 5 points

Rhythm: 5 points

TEAM PATTERN SCORING FORM

Presentation / Team Work / Choreography: 5 points

Technical content: 5 points

Power: 5 points

Rhythm: 5 points

