

“I APPROVE”

REPUBLIC OF ARMENIA

ARMENIAN ITF TEKWAN-DO FEDERATION

PRESIDENT 8th DAN BLACK BELT



K. AGHAJANYAN

29 May 2016

REGULATIONS

ITF TAEKWON-DO

ARMENIAN OPEN

CHAMPIONSHIPS



29 May 2016

YEREVAN

1. GOALS AND OBJECTIVES

The goals and objectives of the championships are to promote ITF Taekwon-do in Republic of Armenia, to increase the sporting interests of children and to develop sporting cooperation with other countries.

2. HOLDING PLACE AND TIME

29 May, 2016, Yerevan

children's creative center

2. THE CHAMPIONSHIPS PROGRAM

The championship will be held according to international standards and regulations of ITF Taekwondo.

- a. The weighing process of the tournament will be held on May 28 , 2016 (17:00 – 18:00), at “Ashkhatank reserve” children's creative center and the tournament draw will be held at 18:00.
- b. The tournament will be held on May 28 , 2016 (10:00) at “Ashkhatank reserve” gymnasium

3. REQUIRED DOCUMENTATION

1. Formal identity document (Passport)
2. The agreement of athlete's parent
3. The application from the athlete's federation, association, club
4. The application for participation

4. SAFETY EQUIPMENT AND PROTECTIVE WEAR

- 4.1 Red and blue colored hand safety equipment, head guard, feet safety equipment, groin guards which must be worn inside the Dobok trousers (male only), breast protectors that must be worn inside the Dobok jacket (for female only), mouth guard.
- 4.2 All safety equipments must be made of sponge or rubber. It is forbidden to use safety equipments which are made of metal or other material.
- 4.3 All participants with injuries which require bandaging or strapping of any kind should take medical advice and help from the championships doctor
- 4.4 No watches or other metal adornments may be worn. Hair must be kept in place using a material of a soft elastic nature only.

5. THE SAFETY OF ATHLETES

All participants must be ready and secured because the championships organizers will be not held responsible for any injury.

6. DRESS REQUIREMENTS

Officials must wear the dress requirements as laid down in the ITF rules. Competitors must wear the “officially approved” ITF Dobok. Females may wear a white shirt under the Dobok. Participants are allowed to wear their sportswear within the place of competition. Drinking of alcoholic beverages or smoking while wearing the Dobok is prohibited.

7. COACHES

For any international or team championship only one coach must officiate close to the competition ring. Coaches must wear a training suit and sport shoes. Coaches must stand at least one meter away from the competition ring and must not interfere in the competition with actions or words.

8. TIMING

Each round of individual bout will last 1.5 minutes. The participants with black and color belts and between the ages of 14-17 years, will bout 2 rounds with a 30 seconds break between rounds.

1. When the two side juries give their score points to the athlete, he/she is a winner.
2. When the two side juries give equal number of score points, extra one-minute round is added.
3. When the added extra one-minute round also end in a draw, the winner becomes the athlete who got one complete score point.

9. TARGET AREA

- a. Head at the front, sides and top of the head
- b. Trunk of the body from shoulder to navel vertically and from a line drawn from the armpit vertically down to the waist on each side
- c. It is not allowed to attack the neck, the back of the head, low part of the waist and the back

10. POINT AWARDS

- One point will be awarded for hand attack directed to mid or high section and also feet attack directed to mid section (two points with jumping).
- Two points will be awarded for foot attack with jumping directed to mid section
- Two points will be awarded for foot attack directed to high section
- Three points will be awarded for foot attack directed to high section (with jumping).

11. OFFENCES

Remarks are given or points deducted:

- a. In case of not working,
- b. In case of pushing or grabbing,
- c. In case of knee kick,
- d. In case of attacking a fallen opponent,
- e. In case of heavy contact.

12. WARNINGS

Warnings will be assigned for the following offences:

- a. Intentional attack to a target other than above mentioned,
- b. Stepping completely out of the ring (both feet),
- c. Falling down, whether intentional or not (it means any part of the body, other than the feet, touching the ground).

The sum of three warnings automatically means deducting one point.

13. PROTEST

- a. Only the Coach can present a protest when a decision seems to violate the rules.
- b. Each protest must be written in the English language on the official protest form and presented within five minutes from the end of the match.

The protest must be accompanied by 10\$ tax which is fixed by federation. Only in cases where the Committee positively accepts the protest, the settled tax will be returned. The protests are only accepted when the match is finished.

14. WEIGHT DIVISIONS

Male and female 6-7 years old:

-15kg, -18 kg, -21 kg, -24 kg, -27 kg, -30 kg, 30+ kg

Male and female 8-9 years old:

-22 kg, -25 kg, -28 kg, -32 kg, -36 kg, -40 kg, +40 kg

Male and female 10-11 years old:

-25 kg, -30 kg, -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, +55 kg

Male and female 12-13 years old:

-30 kg, -35 kg, -40 kg, -45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg

Male 14-17 years old:

-42 kg, -48 kg, -52 kg, -58 kg, -63 kg, -70 kg, +70 kg

Female 14-17 years old:

-32 kg, -38 kg, -42 kg, -48 kg, -53 kg, -60 kg, +60 kg

Male 18-37 years old:

-54 kg, -63 kg, -71 kg, -80 kg, +80 kg

Female 18-37 years old:
-52 kg, -58 kg, -63 kg, -70 kg, +70 kg

Male 37+ years old:
-63 kg, -70 kg, -80 kg, +80 kg

Female 37+ years old:
-58 kg, -63 kg, -70 kg, +70 kg

TEAM

Team must contain 5 players and one replacer

15. ENTRANCE FEE

The entrance is free.

16. AWARDS

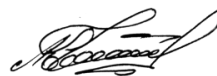
1st place – diploma, medal

2nd place – diploma, medal

3rd place – diploma, medal

FOR DETAILED INFORMATION:

Armenian ITF General Secretary,
Responsible for Tournament:



+374 93 57 25 07
+374 77 57 25 07

A. Karapetyan
+374 77 67 22 28,
+374 41 67 22 28

THIS REGULATION IS AN OFFICIAL INVITATION